

**ADVOCATE TRAINING SCHEDULE
SEPTEMBER 2020**

DAY 1	TUESDAY, SEPTEMBER 29, 2020		
TIME	SESSION TITLE & TOPICS COVERED	PRESENTER	HOURS
9:00 AM	Welcome	Vita Goodell , FBWC CEO	
9:15 AM- 10:00 AM	Orientation & Pre-Test Role of volunteers Minimum services explanation OAG training and what it enables you to do	Becky Watts , FBWC Volunteer Engagement Manager	1 Self-study: History of DV
10:00 AM- 12:30 PM	Ethics & Confidentiality - COMPULSORY Ethics and boundaries Confidentiality Activity on confidentiality Role of an advocate Our approach to working with survivors VAWA	Tracy Hosea , Manager of Special Initiatives	2.5
12:30 PM	30-minute break		
1:00 PM - 5:00 PM	Dynamics of Domestic Violence - COMPULSORY Brief history Defining DV Terminology Legal definition Forms of DV Prevalence-Domestic Violence statistics Stages of DV Power & Control Wheel - handout Gender socialization Types of abuse Barriers to leaving Barriers to reporting Substance abuse & Family violence The batterer Effects of Family Violence on children Why doesn't she leave? Why does he do it?	Peggy Wright , LPC-S, BCN; Director of Sexual Assault & Counseling Programs	4 Self-Study: Why Doesn't She Just Leave Power & Control handout <i>Option to add TED Talk on this to update</i>
			7.5

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DAY 2	WEDNESDAY, SEPTEMBER 30, 2019		
TIME	SESSION TITLE & TOPICS COVERED	PRESENTER	HOURS
3:00 PM - 5:00 PM	Effects of Trauma Definition of trauma What Is trauma informed care Immediate and chronic psychological effects Immediate and chronic physical effects Post-Traumatic Stress Disorder Impact of trauma What is Traumatic Brain Injury? TBI and DV & SA FBWC response & services	Josh Brown, LCSW, BCN. FBWC Chief Programs Officer	2
5:00 PM - 9:00 PM	Dynamics of Sexual Assault - COMPULSORY Defining Sexual violence Texas Legal definition of sexual assault Forms of Sexual assault/abuse Rape within marriage, dating acquaintance rape or rape by stranger Stalking, Unwanted sexual advances Denial to use contraception or to adopt other measures against transmitted diseases Forced abortion, prostitution and trafficking for sexual exploitation Systematic rape during armed conflict Prevalence-Sexual Assault statistics Substance facilitated SA Gender socialization Effects of SA on survivors (some examples) Self-harm/self-injury Substance abuse, Pregnancy Depression, suicide Flashbacks, body memories Offenders and their characteristics	Sarah Garay, LPC/LMFT-S FBWC Counseling Supervisor	4 Self-Study: Systematic rape during armed conflict
			6

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DAY 3	THURSDAY, OCTOBER 1, 2020		
TIME	SESSION TITLE & TOPICS COVERED	PRESENTER	HOURS
9:00 AM - 10:30 AM	System Response to DV & SA - Medical Team HIPPA & Emergency Room Protocol Role of a SANE Medical screening for DV & SA Secondary prevention efforts Documentation Abuse and Danger assessment Reporting Best practices for advocates and medical professionals. Community Resources FBWC HART Program Advocates role Confidential communications (Tex. Gov. Code Sec. 420.071)	Khara Breeden, DNP, MS, RN, SANE-A, SANE-P,AFN-BC, Founder & CEO Texas Forensic Nurse Examiners	1.5
10:30 AM	30-minute break		
11:00 AM - 1:30 PM	In Her Shoes - An activity that helps participants understand what difficult decisions DV victims must choose from when determining their safety. You will follow real stories and help them with their choices.	Tracy Hosea & Rachel Bromley	2.5
1:30PM - 3:00 PM	The Economic Impact of Abuse What is financial abuse? Issues with Housing & Public Benefits Barriers to employment Legal Protections	Paris Fudge, FBWC Lead Case Manager & Outreach Advocate	1.5
	Send on the job training schedule out	Becky Watts	
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DAY 4		TUESDAY, OCTOBER 6, 2020	
TIME	SESSION TITLE & TOPICS COVERED	PRESENTER	HOURS
9:00 AM - 12:00 PM	Working with Survivors -COMPULSORY Recapping Confidentiality; Recapping Ethics & Boundaries Recapping the role of Advocate/Volunteer Recap core skills and responsibilities from prior presentations Communication & Active listening skills Culturally Competent care Crisis Intervention Suicide Assessment skills Safety Planning Peer Counseling skills Hotline skills & Best practices Values, Beliefs & Biases that may impact service delivery Self-Reflection Secondary victimization Stress and Burnout	Vanessa Cordoba, FBWC Shelter Director	3 Self-Study: Self-Protection and Self-Care
12:00 PM	1-hour break		
1:00 PM - 3:00 PM	Primary Prevention Definition of Primary Prevention How do we reduce or stop DV and SA Society: Rape culture, gender stereotypes, victim blaming, #metoo Risk factors for Sexual violence across the Ecological Model Community - Bystander Intervention Individual - Taking action	Kellen McManus, FBWC Emergency Response Advocate	2
			5

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DAY 5	WEDNESDAY, OCTOBER 7, 2020		
TIME	SESSION TITLE & TOPICS COVERED	PRESENTER	HOURS
9:00 AM - 11:30 PM	Diversity & Inclusion Values, Belief and Biases Unintentional Revictimization/Victim blaming Prejudices, stereotypes, discrimination, Judgements Ageism, Sexism, Racism, Classism, Heterosexism Identifying and overcoming our own biases Potential Cultural Barriers to reporting Legal Compliance American Disability Act Civil Rights Requirements of Health & Human Social Services	Ngozi Ashibuogwu, LPC, NCC, FBWC Counselor & Neurofeedback Clinician	2.5 Self-Study: Values, Clarification and action steps
11:30 AM	1 - hour break		
12:30 PM - 2:00 PM	Domestic Violence/Sexual Assault and Children Effects of family violence on children Child Sexual Assault Adolescents College students Breaking the cycle of violence	Vanessa Badajosa, FBWC Child Mentor	1.5
			4.5
DAY 6	THURSDAY, OCTOBER 8, 2020		
TIME	SESSION TITLE & TOPICS COVERED	PRESENTER	HOURS
9:00 AM - 10:00 AM	Legal Resources Legal Framework - Resources for Advocates	Karissa Williams Emergency Response	1
10:00 AM- 12:00 PM	System Response to DV & SA: Panel Discussion Moderator: Peggy Wright, LPC-S, BCN; FBWC	Legal Response Team	2
12:30 PM - 1:30 PM	Advocate Training Wrap-Up Review Self-Studies paperwork due by Oct.14 Post-Test What's next? Ready to start volunteering?	Becky Watts, Volunteer Engagement Manager	1
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