

**ADVOCATE TRAINING SCHEDULE
JANUARY 2022**

TUE, JAN 11	SESSION TITLE & TOPICS		HRS		
12:30 PM	Welcome – Vita Goodell, CEO		.5		
1:00 – 3:30 PM	Ethics & Confidentiality – COMPULSORY Tracy Hosea, Director of Special Initiatives <ul style="list-style-type: none"> • Ethics and boundaries • What is confidentiality? • Activity • Role of an advocate • Our approach to working with survivors • VAWA – Victims Against Women’s Act 		2.5		
4:00 – 8:00 PM	Dynamics of Domestic Violence – COMPULSORY Peggy Wright, LPC-S, BNC; Director of Sexual Assault & Counseling Programs <table style="width: 100%; border: none;"> <tr> <td style="border: none; vertical-align: top; width: 50%;"> <ul style="list-style-type: none"> • Brief History of DV • Defining DV & legal definition • Terminology • Forms of DV • Prevalence- DV Statistics • Stages of DV • Power & Control Wheel </td> <td style="border: none; vertical-align: top; width: 50%;"> <ul style="list-style-type: none"> • Gender socialization • Types of abuse • Barriers to leaving • Barriers to reporting • Substance abuse and family violence • The batterer • Effects of family violence on children • Why doesn’t she Leave? </td> </tr> </table>		<ul style="list-style-type: none"> • Brief History of DV • Defining DV & legal definition • Terminology • Forms of DV • Prevalence- DV Statistics • Stages of DV • Power & Control Wheel 	<ul style="list-style-type: none"> • Gender socialization • Types of abuse • Barriers to leaving • Barriers to reporting • Substance abuse and family violence • The batterer • Effects of family violence on children • Why doesn’t she Leave? 	4
<ul style="list-style-type: none"> • Brief History of DV • Defining DV & legal definition • Terminology • Forms of DV • Prevalence- DV Statistics • Stages of DV • Power & Control Wheel 	<ul style="list-style-type: none"> • Gender socialization • Types of abuse • Barriers to leaving • Barriers to reporting • Substance abuse and family violence • The batterer • Effects of family violence on children • Why doesn’t she Leave? 				
WED, JAN 12	SESSION TITLE & TOPICS				
1:00 - 3:00 PM	Effects of Trauma Josh Brown, LCSW, BCN. Chief Programs Officer <ul style="list-style-type: none"> • Definition of trauma • What is trauma-informed care • Immediate and chronic psychological effects 	<ul style="list-style-type: none"> • Post-Traumatic Stress Disorder • Impact of trauma • What is Traumatic Brain injury? • TBI and DV & SA Response services • Immediate and chronic physical effects 	2		
3:00 – 7:00 PM	Dynamics of Sexual Assault – COMPULSORY Sarah Garay, LPC/LMFT-S Counseling Supervisor <table style="width: 100%; border: none;"> <tr> <td style="border: none; vertical-align: top; width: 50%;"> <ul style="list-style-type: none"> • Defining Sexual violence • Texas Legal definition of SA • Forms of SA & abuse • Forms of rape • Stalking • Unwanted sexual advances • Contraception or measures to prevent STD; pregnancy; depression, suicide; flashbacks; body memories. </td> <td style="border: none; vertical-align: top; width: 50%;"> <ul style="list-style-type: none"> • Forced abortion, prostitution and trafficking • Systematic rape during armed conflict • Prevalence-SA statistics • Substance facilitated SA • Gender socialization • Effects of SA on survivors • Self-harm/self-injury • Substance abuse </td> </tr> </table>		<ul style="list-style-type: none"> • Defining Sexual violence • Texas Legal definition of SA • Forms of SA & abuse • Forms of rape • Stalking • Unwanted sexual advances • Contraception or measures to prevent STD; pregnancy; depression, suicide; flashbacks; body memories. 	<ul style="list-style-type: none"> • Forced abortion, prostitution and trafficking • Systematic rape during armed conflict • Prevalence-SA statistics • Substance facilitated SA • Gender socialization • Effects of SA on survivors • Self-harm/self-injury • Substance abuse 	4
<ul style="list-style-type: none"> • Defining Sexual violence • Texas Legal definition of SA • Forms of SA & abuse • Forms of rape • Stalking • Unwanted sexual advances • Contraception or measures to prevent STD; pregnancy; depression, suicide; flashbacks; body memories. 	<ul style="list-style-type: none"> • Forced abortion, prostitution and trafficking • Systematic rape during armed conflict • Prevalence-SA statistics • Substance facilitated SA • Gender socialization • Effects of SA on survivors • Self-harm/self-injury • Substance abuse 				

**ADVOCATE TRAINING SCHEDULE
JANUARY 2022**

THU, JAN 13	SESSION TITLE & TOPICS		HRS
1:00 – 2:30 PM	System Response - Medical Team <ul style="list-style-type: none"> • HIPPA & Emergency Room Protocol • Role of a SANE • Medical screening for DV & SA • Secondary prevention efforts 	<ul style="list-style-type: none"> • Documentation/Reporting • Abuse and Danger assessment • Best practices for advocates and medical professionals. 	1.5
2:30 – 3:30 PM	Domestic Violence/Sexual Assault and Children Vanessa Badajosa, Child Development Lead <ul style="list-style-type: none"> • Effects of family violence on children • Child Sexual Assault • Adolescents • College students • Breaking the cycle of violence 		1
3:30 - 6:00 PM	Diversity & Inclusion, TBD <ul style="list-style-type: none"> • Values, Belief, and Biases • Unintentional Revictimization & Victim blaming • Prejudices, stereotypes, discrimination, Judgements • Ageism, Sexism, Racism, Classism, Heterosexism 	<ul style="list-style-type: none"> • Identifying and overcoming biases • Special populations • Potential Cultural Barriers to reporting • Legal Compliance, Civil Rights, ADA Requirements of Health & Human Social Services 	2.5
TUE, JAN 18	SESSION TITLE & TOPICS		HRS
1:00 - 4:00 PM	Working with Survivors -COMPULSORY Vanessa Cordoba, Shelter Director		
4:00 - 6:00 PM	Recap - Confidentiality-Ethics & Boundaries; the role of AdvocateVolunteer; Core skills and responsibilities <ul style="list-style-type: none"> • Communication & Active listening • Culturally Competent care • Crisis Intervention Suicide Assessment skills 	<ul style="list-style-type: none"> • Safety Planning • Peer Counseling skills • Hotline skills & Best practices • Values, Beliefs & Biases impacting service delivery • Self-Reflection/Secondary victimization stress, Burnout, Self-Protection & Self-Care 	3
4:00 - 6:00 PM	Primary Prevention, Kellen McManus, Lead Crisis Line Advocate <ul style="list-style-type: none"> • Definition of Primary Prevention • How do we reduce or stop DV and SA • Society: Rape culture, gender stereotypes, victim-blaming, #metoo • Risk factors for Sexual violence across the Ecological Model • Community - Bystander Intervention • Individuals- Taking action 		2

**ADVOCATE TRAINING SCHEDULE
JANUARY 2022**

WED, JAN 19	SESSION TITLE & TOPICS	
1:00 – 2:30 PM	Title IX – Responsibilities and regulations Dr. Richard Anthony Baker; ED Institutional Equity, EEO/AA & Title IX Coordinator; Rice University	1.5
2:30 – 5:00 PM	System Response to DV & SA: Panel Discussion with Community Liaisons <ul style="list-style-type: none"> • Peggy Wright, LPC-S, BCN; FBWC • Chad Bridges; Assistant District Attorney • Le’Shae Haynes; Victim Assistance Coordinator; FB District Attorney’s Office • Kusum Warsi; Managing Attorney, AVDA • Shalonda Lewter, FBWC Attorney • Amy Cummins; Victim Service Coordinator, Sugar Land Police Dept. 	2.5
THU, JAN 20	SESSION TITLE & TOPICS	
1:00 – 2:30 PM	The Economic Impact of Abuse Mary Flowers , Client Services & Housing Director <ul style="list-style-type: none"> • What is financial abuse • Issues with Housing & Public Benefits • Barriers to employment • Legal Protections 	1.5
2:30 – 5:30 PM	In Her Shoes – TBD An activity designed for experiential learning about domestic violence How does the world look from another’s perspective – particularly from the view of someone who is experiencing violence? In Her Shoes is an interactive, educational exercise to help us connect to the day-to-day reality for those experiencing violence, deepen our empathy and compel us to take action.	3
	Advocate Training Wrap-Up Becky Watts , Volunteer Engagement Manager <ul style="list-style-type: none"> • Tour of Shelter & Rio Bend • OJT & SS summaries - Due by Jan 27, 2022 • Insurance – SS # - • Importance of evaluations • Request Selfie Photo • FBWC Opportunities – Handout • Complete Post-Test – Due by May 21 • Screen Shot of group 	1

ADVOCATE TRAINING SCHEDULE

JANUARY 2022

COMPLETE THE SELF STUDIES AND WRITE UP SUMMARY. DOCUMENT THIS ON YOUR OJT/SS SHEET.

SS # 1	<p>Read & Summarize: Legal Framework – www.womenslaw.org</p> <p>Read & Summarize: History of Battered Women’s Movement in Texas – Pages 3-8 inclusive http://www.ncdsv.org/images/TCFV_EssentialGuideIntroAdvocatingSurvivorsFV_2012.pdf</p>	
SS #2	<p>Read & Summarize: She Said Her Husband Hit Her: Parental Alienation PDF</p> <p>Watch, Reflect & Summarize: ‘Why Doesn’t She Just Leave’ TED Talk - https://www.ted.com/talks/leslie_morgan_steiner_why_domestic_violence_victims_don_t_leave?language=en</p>	
SS #3	<p>Read & Summarize: Values clarification and Action Steps – PDF</p>	FOUND IN VOLUNTEER PORTAL
SS #4	<p>Read & Summarize: Crime Victims’ Compensation Program: https://www.texasattorneygeneral.gov/crime-victims/crime-victims-compensation-program</p>	
SS # 5	<p>Read & Summarize: The Rights of Crime Victims in Texas PDF</p> <p>Read & Summarize: Address Confidentiality Program https://www.texasattorneygeneral.gov/crime-victims/services-crime-victims/address-confidentiality-program</p>	

Fort Bend Women’s Center

For Advocate Training questions:

Contact **Becky Watts**, BWatts@fbwc.org (281)344-5759 or

Jennifer Breneman, JBreneman@fbwc.org (281)344-5764